**Peridex Rinse**

Peridex is an oral rinse used to treat “gum disease.”

**Instructions for use of Peridex**

After brushing, thoroughly rinsing, and flossing your teeth, rinse with Peridex by swishing one-half fluid ounce (marked in the cap) around in your mouth for 30 seconds, then spit it out. Use twice a day, morning and evening.

Do not dilute Peridex and do not rinse with water or mouthwash, eat, brush your teeth, or drink immediately after using Peridex.

--*If you miss a dose...*

Resume your regular schedule the next time you brush.

--*Storage instructions...*

Protect from freezing.

**Common side effects:**

Change in taste, increase in plaque, staining of teeth, mouth, tooth fillings, dentures, or other appliances in the mouth

**Some things to be aware of:**

The use of Peridex may leave a bitter after-taste. Rinsing your mouth with or drinking water after using Peridex may increase the bitterness.

In addition to staining, Peridex can also cause an excess of tartar build-up on your teeth. It is recommended that you have your teeth cleaned at least every 6 months and the better you keep your teeth cleaned on a daily basis—the less stain/build-up you will have!

Foods may taste different to you for several hours after rinsing with Peridex. In most cases, this effect becomes less noticeable after continued use. Taste should return to normal when treatment with Peridex is finished.