SUCCESSFUL PANORAMIC RADIOGRAPHY

3 Continuing Dental Education Credits
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The Academy of Dental Therapeutics and Stomatology
The panoramic radiograph continues to offer today's dentist a unique patient view: covering the entire dentition and surrounding structures, the facial bones and condyles, and parts of the maxillary sinus and nasal complexes. The equipment used to obtain panoramic radiographs has continued to improve with recent advances including automatic exposure and multiple image programs. However, to achieve a diagnostic panoramic image requires attention to ten basic steps in obtaining a panoramic radiograph. These steps are common to all panoramic machines, and when followed, will allow anyone to take a successful panoramic radiograph! This booklet will address the problems and errors that may occur in the panoramic radiograph when mistakes are made at any of the ten basic steps. This will allow the practitioner to determine the point at which the error occurred in the image creation process. The booklet will then suggest possible solutions to the problem, based on this information. This will allow easy correlation of error with its correction, and give a better understanding of what caused the error. The result will be panoramic radiographs with the maximum diagnostic detail and information that the equipment and technique allows.

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UTHSCSA Dental School
San Antonio, TX

Panoramic Landmarks
Panoramic Theory

Why is panoramic radiography inherently technique sensitive? Panoramic radiography is a modified type of tomography or image layer radiography. In panoramic radiography, the patient’s dental arch must be positioned within a narrow zone of sharp focus known as the image layer or “focal trough”. (Figure 1)

Magnification and X-ray tube focal spot size are two important factors in determining extraoral image quality. Resolution, the ability of an imaging system to produce distinct images of closely spaced objects, is an objective measure of image quality, and is expressed in units of Line Pair per millimeter (LP/mm). As the theoretical resolution increases, so does the system’s ability to reveal fine detail in the image. (Figure A)

The following chart (Figure B), plots resolution versus magnification for four X-ray tube focal spot sizes, and shows the limitations of two different film/screen combinations. The area of interest is between 120% and 160% in magnification typical of most panoramic and tomographic machines. The curves show conclusively that using the smallest focal spot possible and minimizing magnification decreases blurring or image unsharpness.

Figure 1 - Focal trough
Figure A - Magnification and X-ray tube focal spot size

Figure B - Theoretical Maximum Resolution

Figure B - To calculate the resolution for a given device, select the magnification, read vertically up the chart, until it intersects the focal spot line of the device. Read horizontally across the chart until it intersects the resolution axes. The intersection of these two lines will demonstrate the theoretical maximum resolution. The actual resolution is limited by film screen combination, and un-sharpness due to the motion of the panoramic unit.
The Ten Steps

There are ten basic steps in taking a panoramic radiograph. These steps will apply to almost any panoramic machine (See Table 1). Some modern machines have features, such as automatic exposure, which reduce the likelihood of exposure errors, but do not prevent them entirely. It is still important to know the ten steps and how they affect the outcome of the radiographic process. When problems occur at any of the ten steps they will cause unique errors on the resulting radiographs. When recognized, these errors are easy to correct.

**TEN STEPS IN PANORAMIC RADIOGRAPHY**

1. Load cassette.
2. Set exposure factors.
3. Have patient remove jewelry; place apron on patient.
4. Have patient bite on bite rod.
5. Adjust the chin tilt.
6. Position the side guides.
7. Have the patient stand up straight.
8. Have patient swallow, place tongue in roof of mouth, and hold still.
9. Expose the film.

Table 1 - Ten steps in panoramic radiology
The Normal Panoramic Radiograph

Before discussing various errors that can occur, it is important to know what a normal panoramic radiograph should look like. In a good panoramic radiograph the mandible is “U” shaped, the condyles are positioned about an inch inside the edges of the film and 1/3 of the way down from the top edge of the film. The occlusal plane exhibits a slight curve or “smile line,” upwards. The roots of the maxillary and mandibular anterior teeth are readily visible with minimal distortion. Magnification is equal on both sides of the midline (Figure 2).

Step 1: Loading the Cassette

In panoramic radiograph an extraoral film holder is used, which consists of two fluorescent screens with film sandwiched in between them. Each screen fluoresces when struck by X-rays forming an image on the film. These screens are 10-60 times more sensitive to X-rays than film, resulting in the very low dose of radiation required to make an image. New advances in screen technology such as the Kodak Ektavision® system provide even sharper images without as much blurring and scatter as previous systems. There are several common errors seen in the loading and use of cassettes (Table 2) (Figures 3,4,5,6).

<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>CAUSE</th>
<th>HOW TO CORRECT</th>
<th>HINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall grayness or blackness along one edge or corner of film (fog)</td>
<td>Damaged cassette (light leak) or film exposed to light</td>
<td>Tape edges of soft cassette, replace damaged hard cassette</td>
<td>Cassettes should be inspected regularly for light tightness</td>
</tr>
<tr>
<td>Little or no image is visible on film</td>
<td>Screens reversed</td>
<td>Replace screens properly</td>
<td>Dull surface of screen should face film, not shiny</td>
</tr>
<tr>
<td>White streaks on image</td>
<td>Damaged (scratched) screens</td>
<td>Handle screens carefully</td>
<td>Use screen cleaning solutions and soft cloth to clean screens</td>
</tr>
<tr>
<td>Black marks, round clusters or lightning bolt</td>
<td>Static electricity</td>
<td>Avoid too rapid removal of film from cassette</td>
<td>Use of antistatic mats or humidifier can reduce static</td>
</tr>
<tr>
<td>Multiple images</td>
<td>Double exposure</td>
<td>Remove film from cassette after each exposure</td>
<td>Store unexposed and exposed cassettes separately</td>
</tr>
</tbody>
</table>

Table 2 - Cassette Problems
Step 2: Setting Exposure Factors

Many newer panoramic machines set exposure factors automatically by reading a small portion of the X-ray beam at the start of the exposure. With most panoramic machines, though, exposure must be set based on the patient’s size or age. Usually, icons of small, medium, or large patients are used. Since the patient’s bone density is not always related to their physical size, a better guide is to look at the patient’s wrists or ankles. Thick wrists can imply heavier bone density; other factors to consider are age, whether the patient is edentulous, and obesity. Common exposure errors are illustrated in Table 3 (Figure 7).

<table>
<thead>
<tr>
<th>PROBLEM</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Light, pale film with few dark areas</td>
<td>Too little exposure</td>
<td>Increase mA or kVp or use next higher setting on machine</td>
<td>Also rule out worn-out or reversed screens</td>
</tr>
<tr>
<td>Dark film with loss of details, amalgams and unexposed areas are still clear</td>
<td>Too much exposure</td>
<td>Decrease machine settings</td>
<td>Don’t confuse with film fogging, which is an overall grayness to film</td>
</tr>
</tbody>
</table>

Table 3 - Exposure errors
Step 3: **Have Patient Remove Jewelry, Place Lead Apron on Patient**

Prior to exposure, the patient must remove all jewelry from the head area. The panoramic exposure encompasses the whole head. Earrings, necklaces, or other jewelry, such as tongues bars or nose rings will be visible on the radiograph.

Unique to the panoramic radiograph is the formation of “ghost” images. These images result when an object is imaged twice, once on the normal side of the center of beam rotation, and once on the opposite side. “Ghost” images are easily identified as they are on the opposite side of the real image, higher on the film, and are streaked horizontally. They can be mistaken for pathology when they fall in the area of the sinus. If a lead apron is used during the exposure, it must be properly placed. Special panoramic aprons should be used that cover the back of the patient and the shoulder area. The apron must not extend above the collar or it will be imaged on the film as an opaque “shark fin” artifact. This is due to the angle of the panoramic X-ray beam, which comes from below at approximately a 7-degree angle (Table 4) (Figures 8, 9, 10).

### Table 4 - Jewelry, apron artifacts

<table>
<thead>
<tr>
<th>PROBLEM</th>
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<th>HOW TO CORRECT</th>
<th>HINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>White opacities on film; little or no image is visible on film</td>
<td>Ghosts of metal jewelry</td>
<td>Remove prior to exposure</td>
<td>Watch out for necklaces</td>
</tr>
<tr>
<td>White opacity in palate</td>
<td>Tongue bar</td>
<td>Remove prior to exposure</td>
<td>Image is projected high onto palate instead of in floor of mouth</td>
</tr>
<tr>
<td>White opacity at bottom of film shaped like inverted “V” or “shark fin”</td>
<td>Lead apron above collar line and in X-ray beam</td>
<td>Adjust and properly place apron</td>
<td>Watch for bunching at back of neck</td>
</tr>
</tbody>
</table>

![Figure 8 - Ghost of earring over left max sinus](image8)

![Figure 9 - Tongue bar projected over palate](image9)

![Figure 10 - Lead apron artifact](image10)
Patient Positioning

The next few categories of errors are based on patient positioning problems. Most panoramic machines offer some type of positioning guides such as lights or plastic guides to position the patient along 3 major axes: anterior-posterior (too far forward or back), vertically (alartragus, Franfurt plane, or canthomeatal lines), and midsagittal alignment (patient twisted or rotated) (Figure 11).
Step 4: Bite on Rod

Most panoramic machines use a bite rod made of plastic with small grooves to position the patient’s anterior teeth in the focal trough. Most machines also offer an edentulous guide that is placed against the patient’s chin or under the nose. These guides are also useful in partially edentulous cases as well, and failure to use them can cause anterior-posterior errors. Other causes of patients being too far forward or back in the focal trough are anterior malocclusions such as bimaxillary protrusion. Most machines offer a correction for these cases. Many machines offer an aiming device centered on the mandibular cuspid, as it is considered to be more indicative of the patient’s skeletal position (Table 5) (Figures 12, 13).

<table>
<thead>
<tr>
<th>PROBLEM</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Anterior teeth blurry, too small and narrow, spine visible on sides of film</td>
<td>Patient biting too far forward on bite rod</td>
<td>Make sure anterior teeth are located in grooves on rod</td>
<td>Make sure mandibular incisors are in groove also, and bite rod is not being bent forward</td>
</tr>
<tr>
<td>Anterior teeth blurry and wide, ghosting of mandible and spine, condyles close to edge of film</td>
<td>Patient is biting too far back on rod or not at all</td>
<td>Make sure anterior teeth are located in grooves on rod</td>
<td>If anterior teeth are missing use edentulous guide</td>
</tr>
</tbody>
</table>

Table 5 - Anterior positioning errors

Figure 12 a,b - Patient too far forward; note spine superimposed over rami, blurring, and narrowing of anterior teeth

Figure 13 a,b - Patient too far back; note ghosting of mandible and spine, condyles pushed to outside of film, blurring and widening of anterior teeth
Step 5: Adjust Chin Tilt

In the panoramic radiograph the patient should be looking slightly down at a spot on the floor approximately 8 feet in front of them. This elevates the posterior palate so it does not overlap the apices of the maxillary teeth in the final image. This is often referred to as “chin tilt.” Having the patient’s chin tipped too far down is the most common panoramic error (Table 6) (Figures 14, 15).

<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>CAUSE</th>
<th>HOW TO CORRECT</th>
<th>HINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Roots of lower incisors blurry,</td>
<td>Patient’s chin is tipped</td>
<td>Reposition using proper guidelines for that machine,</td>
<td>Make sure patient does not</td>
</tr>
<tr>
<td>mandible shaped like a “V”,</td>
<td>too far down</td>
<td>such as alar-tragus line</td>
<td>have unusual occlusal plane</td>
</tr>
<tr>
<td>too much smile line,</td>
<td></td>
<td></td>
<td>orientation</td>
</tr>
<tr>
<td>condyles at top of film,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>spine forms arch or “gazebo”</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>effect</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maxillary incisors blurry,</td>
<td>Patient’s chin is tipped</td>
<td>Reposition using proper guidelines for that machine,</td>
<td>Make sure bite rod remains</td>
</tr>
<tr>
<td>hard palate superimposed on</td>
<td>too far up</td>
<td>such as alar-tragus line</td>
<td>seated in its guide</td>
</tr>
<tr>
<td>roots, flat occlusal plane,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>mandible is broad and flat,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>condyles at edge of film</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 6 - Chin tilt errors

Figure 14 a,b - Chin tipped down; note V-shaped mandible, extreme smile line, arching of spine at top of film, condyles placed high on film, and streaking of the hyoid bone over the mandible

Figure 15 a,b - Chin up too high; note flattened occlusal plane, palate superimposed on maxillary tooth roots, and broad flat mandible
Step 6: Position and Close Side Guides

All panoramic machines will have guides or positioning lights to align the patient’s midsagittal plane. It is important that the patient be looking straight ahead with no tip or tilt to the head. Side guides may be used and may come from either the top or the bottom of the machine. When the patient’s head is twisted, it is similar to being too far forward on one side and too far back on the other (Table 7) (Figure 16).

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Teeth are wide on one side, narrow on other side of midline; ramus is wider on one side than the other; uneven pattern of blurring throughout arch; nasal structures not clear</td>
<td>Patient’s head is twisted in machine; causing midline asymmetry</td>
<td>Reposition using proper guidelines for that machine</td>
<td>Make sure patient doesn’t try and look towards technician, but straight ahead. Always use front-surface mirror on machine to check alignment</td>
</tr>
<tr>
<td>Condyles are not equal in height, nasal structures distorted</td>
<td>Patient’s head is rotated in machine (tipped)</td>
<td>Reposition using proper guidelines for that machine</td>
<td>Make sure patient’s head remains level through ears</td>
</tr>
</tbody>
</table>

Table 7 - Head twist errors

![Figure 16 a,b - Head twisted; note uneven width of rami, unequal magnification of teeth, and condyles](image)
Step 7: Have Patient Stand Up Straight

The patient must be standing up straight to prevent arching of the neck (slumping). The best method of achieving this is not to allow the patient to reach forward to the bite stick or chin rest. Have the patient take a step forward after they are biting the rod. They should feel like they will fall backward if they let go of the hand-holds. This will avoid problems with the cassette hitting the shoulders and spinal ghosting (Table 8) (Figures 17, 18).

<table>
<thead>
<tr>
<th>PROBLEM</th>
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<th>HOW TO CORRECT</th>
<th>HINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>White tapered opacity in middle of image (Washington Monument shape)</td>
<td>Ghost of spinal column due to slumping</td>
<td>Have patient take a step forward and straighten neck</td>
<td>Don’t allow patient to reach forward into machine; make them step forward</td>
</tr>
<tr>
<td>Dark vertical line extending from top to bottom edge of film</td>
<td>Cassette hit shoulder and temporarily stopped</td>
<td>Straighten neck as above. Check apron for interference</td>
<td>Have patient keep elbows tucked in to sides to reduce shoulder height</td>
</tr>
</tbody>
</table>

Table 8 - Slumping errors

Figure 17 a, b - Slumped; note the white spine shadow in midline

Figure 18 - Cassette hit patient’s shoulder; note dark vertical stripe on film
**Step 8: Have Patient Swallow, Place Tongue in Roof of Mouth, and Hold Still**

Just before the exposure is made, the patient is instructed to swallow, place the tongue in the roof of the mouth, and hold still during the exposure. Failure to do these things can result in patient movement artifacts or airway obscuring vital portions of the image. In particular, not placing the tongue in the roof of the mouth results in a large airway shadow directly over the roots of the maxillary teeth (Table 9) (Figures 19, 20).

<table>
<thead>
<tr>
<th>PROBLEM</th>
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<th>HOW TO CORRECT</th>
<th>HINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large, dark shadow over maxillary teeth between palate and dorsum of tongue</td>
<td>Patient’s tongue not in roof of mouth</td>
<td>Instruct patient to place tongue in roof of mouth prior to exposure</td>
<td>Having patient swallow first can make it easier for them to obtain proper tongue position</td>
</tr>
<tr>
<td>Portions of radiograph are blurred; large step defects in inferior border of mandible</td>
<td>Panoramic exposure takes approx. 15 seconds. Patient moved during this time</td>
<td>Instruct patient to hold still prior to exposure</td>
<td>Tell patient exposure will last 15 seconds, so that they expect it</td>
</tr>
</tbody>
</table>

**Table 9 - Tongue; movement errors**

**Figure 19 a,b - Tongue down during exposure; note shadow of air space over roots of maxillary molars, airway space over rami**

**Figure 20 - Patient movement; note step defect in inferior border of mandible**
Step 9: Expose Film

Problems during exposure are primarily due to machine or operator errors, including letting go of exposure button temporarily (not possible with most recent machines), changing exposure settings during the exposure, or not having the cassette properly inserted in the machine. Cassettes must be inserted with the smooth, flat side facing the X-ray tube (Table 10) (Figure 21).

<table>
<thead>
<tr>
<th>PROBLEM</th>
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</tr>
</thead>
<tbody>
<tr>
<td>White vertical line on film running from top to bottom edge of film</td>
<td>Exposure stopped briefly, probably due to letting go of exposure button</td>
<td>Hold exposure button down firmly during exposure</td>
<td>Modern machines will return to start position if this happens</td>
</tr>
<tr>
<td>Images of springs or rectangular radiolucencies visible on film</td>
<td>Cassette was placed in machine backwards</td>
<td>Label tube side; place lead foil “X” on back side of cassette</td>
<td>Left and right will be reversed on film if this happens</td>
</tr>
</tbody>
</table>

Step 10: Processing

Panoramic errors during processing are no different than intraoral film. Spent or depleted chemistry will lead to washed out, poor quality images. Panoramic films can normally be processed in standard dental automatic processors. However, if a daylight loader is used it must contain a red filter rather than an amber one. Panoramic film is sensitive to green light and the standard amber filter does not block this wavelength. If large volumes of panoramic radiographs are being processed such as in an oral surgery practice, consideration should be given to the purchase of a Kodak X-OMAT® processor. These processors are designed to handle the size and surface area of the panoramic radiograph (1 panoramic radiograph is equivalent to a full-mouth series in terms of surface area and chemistry usage) without rapid chemistry depletion. In addition, they supply a dry film in only 90 seconds. A small X-OMAT® tabletop processor costs only slightly more than a standard dental automatic processor (Table 11) (Figure 22).

<table>
<thead>
<tr>
<th>PROBLEM</th>
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<th>HOW TO CORRECT</th>
<th>HINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thin, washed-out images</td>
<td>Depleted chemistry</td>
<td>Replenish more frequently</td>
<td>Consider X-OMAT processor</td>
</tr>
<tr>
<td>Fogged film, overall gray or very dark film</td>
<td>Improper filter in daylight loader</td>
<td>Use red filter or cover viewing area on daylight loader</td>
<td>You can use cardboard to cover filter area while loading panoramic film</td>
</tr>
</tbody>
</table>

Figure 21 - Cassette placed backward in machine, note images of springs on film. Right and left sides will be mislabeled when this happens

Table 10 - Errors during exposure

Table 11 - Processing errors

Figure 22 - Fogging of film; panoramic film requires a Kodak GBX-2 safelight filter
Screen/film combinations come in different speeds. The faster the film speed, the lower the radiation dose to the patient. The approximate relative speeds and sensitivities of Kodak screen-film combinations are shown in Tables 12 and 13. Screens and films also vary by the type of light that they react to. Some react to ultraviolet light, others react to blue light, still others to green light. Table 12 presents values for green-emitting Lanex and InSight screens and green-sensitive films. Table 13 presents values for ultraviolet-emitting Kodak X-Omat screens and blue-emitting calcium tungstate screens with blue-sensitive films. Screens and films are not interchangeable. It is important to use a blue-emitting screen with a film that is blue sensitive and a green-emitting screen with a film that is green sensitive.
### Green-Sensitive Films and Rare Earth Screens

<table>
<thead>
<tr>
<th>KODAK Film</th>
<th>KODAK EKTAVISION Imaging Screens and LANEX Screens</th>
</tr>
</thead>
<tbody>
<tr>
<td>EKTAVISION G</td>
<td>Provides high-contrast, sharp images for excellent detail when paired with EKTAVISION Imaging Screens. <strong>Application:</strong> panoramic, TMJ, cephalometric exams</td>
</tr>
<tr>
<td>Screen-Film Speed 400</td>
<td></td>
</tr>
<tr>
<td>T-Mat G</td>
<td>Provides high-contrast, detailed images of bone and intervening tooth structures while retaining good soft tissue visibility when used with LANEX Regular or Medium Screens. <strong>Application:</strong> panoramic, TMJ, cephalometric exams</td>
</tr>
<tr>
<td>Screen-Film Speed 400*</td>
<td></td>
</tr>
<tr>
<td>EKTAVISION L</td>
<td>Provides wide latitude for excellent imaging of soft tissue areas of facial profile while providing good bone and tooth structure detail when used with EKTAVISION Screens. <strong>Application:</strong> computed tomography (CT), cephalometric exams</td>
</tr>
<tr>
<td>Screen-Film Speed 400</td>
<td></td>
</tr>
<tr>
<td>T-Mat L</td>
<td>Provides wide latitude for excellent imaging of soft tissue areas of facial profile while providing good bone and tooth structure detail when used with LANEX Regular or Medium Screens. <strong>Application:</strong> cephalometric exams</td>
</tr>
<tr>
<td>Screen-Film Speed 400*</td>
<td></td>
</tr>
<tr>
<td>T-Mat H</td>
<td>Provides high-contrast images when used with LANEX Regular or Medium Screens. This film is suitable for double-film loading techniques, which yields 2 original radiographs from a single exposure. When using double-loading techniques combined with LANEX Regular Screens, film system speed is 400. <strong>Application:</strong> panoramic, TMJ, cephalometric exams</td>
</tr>
<tr>
<td>Screen-Film Speed 800**</td>
<td></td>
</tr>
</tbody>
</table>

* System speed when used with LANEX Regular Screens and one film. System speed when used with LANEX Medium Screens and one film is 250.

** System speed when used with LANEX Regular Screens and one film. System speed when used with LANEX Medium Screens and one film is 500.

Both the Ektavision Imaging System and the T-Mat Film with Lanex Screen combination provide the added benefit of reduced radiation exposure to your patient by up to 50%, as compared to conventional systems of comparable speed.

### Blue-Sensitive Films and X-OMAT Screens

<table>
<thead>
<tr>
<th>KODAK Film</th>
<th>KODAK X-OMAT Screens</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-OMAT DBF</td>
<td>Provides excellent diagnostic detail when used with X-OMAT Regular Intensifying Screens. <strong>Application:</strong> panoramic, TMJ, cephalometric exams</td>
</tr>
<tr>
<td>Screen-Film Speed 200</td>
<td></td>
</tr>
</tbody>
</table>

If the systems are mixed (e.g., using KODAK T-MAT Film with KODAK X-OMAT Screens), loss of density and contrast will result, and is not recommended.
Exposure Settings

The average kVp and/or mA setting is recommended by the film and unit’s manufacturer, but can vary from patient-to-patient due to size, dentition, etc. In panoramic radiography, the exposure time is fixed by the time required to complete one full excursion of the assembly. There are other factors that can affect the average exposure setting that is recommended by the equipment manufacturer. A summary of some of these factors is listed in Table 14.

List of common factors that affect exposure

<table>
<thead>
<tr>
<th>Factors to Consider</th>
<th>Exposure Setting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obese patient</td>
<td>Use the next highest kVp or mA setting</td>
</tr>
<tr>
<td>Patient with large bone structure</td>
<td>Use the next highest kVp or mA setting</td>
</tr>
<tr>
<td>Patient with small bone structure</td>
<td>Use the next lower kVp or mA setting</td>
</tr>
<tr>
<td>Patient that is edentulous</td>
<td>Use the next lower kVp or mA setting</td>
</tr>
</tbody>
</table>
Test Questions

1. The area of sharp focus in panoramic radiography is known as the:
   a. exposure zone
   b. focal trough
   c. aiming groove
   d. tomographic zone

2. The focal trough can be as narrow as _____ mm in the anterior region, making proper imaging of the lower incisors difficult.
   a. 1 mm
   b. 2 mm
   c. 3 mm
   d. 5 mm

3. There are approximately _____ steps to follow in taking a successful panoramic image.
   a. 3
   b. 5
   c. 7
   d. 10

4. Screens used in panoramic imaging cassettes are approximately _____ times more sensitive to x-radiation than film.
   a. 5-30
   b. 5-40
   c. 10-60
   d. 10-80

5. A dark black or gray area originating on one edge or corner of the film is most likely due to:
   a. damaged screen
   b. damaged cassette (light leak)
   c. reversed screens
   d. static electricity

6. A film that is very dark with loss of detail is most likely due to:
   a. underexposure
   b. overexposure
   c. processor failure
   d. film too cold

7. A white inverted V-shaped radiopacity on the bottom of the film is most likely caused by:
   a. ghosts of metal jewelry
   b. ghost of hyoid bone
   c. lead apron artifact
   d. damaged cassette

8. A panoramic radiograph shows small, narrowed anterior teeth with the spine visible on both sides of the film. The patient was probably positioned _____ on the bite rod.
   a. too far forward
   b. too far back
   c. too high
   d. too low

9. A panoramic radiograph shows the mandible to be V-shaped and narrowed with the condyles high on the film. The occlusal curve is exaggerated and the spine arches over top of the film. The patient's head tilt was most likely pointing _____.
   a. too high
   b. too low
   c. tipped
   d. twisted

10. A large tapered vertical radiopacity in the center of the panoramic radiograph is usually caused by the ghost of the spine due to:
    a. patient is too far back in the machine
    b. patient's head tilted too far up
    c. patient was slumping, neck was curved
    d. patient's head was twisted

11. When the patient is properly positioned in the panoramic machine, they should feel:
    a. very comfortable
    b. nervous
    c. like they will fall backwards if they let go of the handholds
    d. like they are leaning forward

12. If the patient fails to hold the tongue in the roof of the mouth:
    a. a large black shadow will be present between the tongue and palate
    b. roots of the maxillary teeth may be obscured
    c. an airway shadow will result
    d. all of the above

13. After development, a panoramic radiograph shows strange artifacts that resemble springs or boxes. Also the image appears to be reversed right to left. What happened?
    a. wrong film type was used
    b. cassette was inserted into the machine backwards
    c. panoramic was run in reverse direction
    d. film was not properly aligned in cassette

14. Panoramic film is _____ sensitive to green light than intraoral film and requires an _____ safelight filter.
    a. less, orange
    b. more, orange
    c. less, red
    d. more, red

15. A lead apron used for panoramic radiography should never:
    a. cover the back of the patient
    b. be used
    c. extend above the patient's collar
    d. be designed especially for panoramic radiography
16. The image receptor in extraoral radiography is a combination of:
   a. one intensifying screen
   b. two intensifying screens
   c. three intensifying screens
   d. four intensifying screens

17. As the theoretical resolution _____, so does the system’s ability to reveal fine detail in the image.
   a. stays constant
   b. increases
   c. decreases
   d. does not matter

18. As the X-ray beam and image receptor encircle the patient, the image is recorded on the film in ____ increments.
   a. short
   b. long
   c. horizontal
   d. vertical

19. Blue-emitting screens can be used with green-sensitive films?
   a. True
   b. False

20. Kodak T-Mat G is not recommended for?
   a. panoramic exams
   b. CT exams
   c. cephalometric
   d. teeth exams

21. Which Kodak film can be used for double-film loading?
   a. Ektavision
   b. T-Mat G
   c. T-Mat L
   d. T-Mat H

22. Kodak T-Mat L Film is recommended for the following applications.
   a. panoramic exams
   b. cephalometric exams
   c. TMJ exams
   d. all of the above

23. The Kodak Ektavision Imaging System and the T-Mat Film with LANEX Screen combination provides the added benefit of up to _____ reduced radiation exposure as compared to conventional systems of comparable speed.
   a. 30%
   b. 40%
   c. 50%
   d. 60%

24. A large tapered vertical radiopacity in the center of the panoramic radiograph is usually caused by the ghost of the spine due to:
   a. patient is too far back in the machine
   b. patient’s head tilted too far up
   c. patient was slumping, neck was curved
   d. patient’s head was twisted

25. In rigid film cassettes, the intensifying screens are attached to the inside cover and base of the cassette?
   a. True
   b. False

26. How many phosphor layers are used in the EKTAVISION G screen-film system?
   a. 1
   b. 2
   c. 3
   d. 4

27. The average kVp and/or mA setting is usually recommended by the:
   a. OSHA
   b. film and radiographic units manufacturer
   c. the ADA
   d. all of the above

28. When radiographing obese patients, the kVp or mA settings should be?
   a. left alone
   b. increased to the next highest
   c. decreased to the next lowest
   d. none of the above

29. When radiographing patients with small bone structure, the kVp or mA settings should be?
   a. left alone
   b. increased to the next highest
   c. decreased to the next lowest
   d. none of the above

30. Exposure time in panoramic radiography is fixed by:
   a. film specifications
   b. bone density of the patient
   c. time required to complete one full excursion of the assembly
   d. all of the above
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EDUCATIONAL OBJECTIVES

After completion of this course, the reader will walk away with a better understanding of the following topics related to Panoramic Radiography. This course will address the problems and errors that can occur in the panoramic radiograph when errors are made at each of the ten basic steps. This will allow the practitioner to determine from the radiograph at what point in the image creation process the error occurred. The course will then suggest possible solutions to the problem based on the step where it occurred. This will allow easy correlation of error with solution and give better understanding of what caused the error. The result will be panoramic radiographs with the maximum diagnostic detail and information that the equipment and technique allows.

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Kodak’s sharpest extraoral film designed to visualize the maximum amount of radiographic information for diagnosis. In fact, studies have suggested that panoramic radiographs taken with films like KODAK EKTAVISION G Extraoral Film may even assist in the detection of calcifications in the carotid arteries, a possible predictor of heart attack or stroke.

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• Come in a variety of sizes to support panoramic and cephalometric radiographs
• Are backed by dependable service and support from Kodak

EXPOSURE GUIDELINES FOR ADULT PATIENTS*
KODAK EKTAVISION or LANEX Regular Intensifying Screens are compatible with KODAK EKTAVISION G and L Extraoral Films.

<table>
<thead>
<tr>
<th>Examination &amp; Location</th>
<th>Image Receptor Distance</th>
<th>KODAK Film</th>
<th>85 kVp 10 mA</th>
<th>75 kVp 10 mA</th>
<th>90 kVp 10 mA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ramus of Mandible; Body of Mandible</td>
<td>15’</td>
<td>G and L</td>
<td>1/15</td>
<td>1/20</td>
<td>1/30</td>
</tr>
<tr>
<td>Lateral Skull</td>
<td>30’</td>
<td>G and L</td>
<td>3/5</td>
<td>3/10</td>
<td>1/12</td>
</tr>
<tr>
<td>Posteroanterior Skull (Granger Technic)</td>
<td>30’</td>
<td>G and L</td>
<td>2/3</td>
<td>1/3</td>
<td>1/5</td>
</tr>
<tr>
<td>Temporomandibular Articulation</td>
<td>10’</td>
<td>G and L</td>
<td>1/10</td>
<td>1/20</td>
<td>1/30</td>
</tr>
<tr>
<td>Cephalometric Radiography</td>
<td>60’</td>
<td>G and L</td>
<td>2/3</td>
<td>1/3</td>
<td>1/5</td>
</tr>
</tbody>
</table>

*For children: Reduce adult exposure time about one-third to one-half. †Based on half-wave rectified units.

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